



# St Paul's, Quarndon, Parish Newsletter

February/March 2019

From the Vicarage

Mid-January and I'm still thinking about a New Year's Resolution. Various friends have commented on social media that they've joined a gym, taken up singing or are going to start writing a book this year, which leaves me thinking, 'what should I do? what could I do?'

And having thought about and even said a few prayers asking for inspiration and guidance I decided to model my resolution around something called the 5<sup>th</sup> Mark of Mission\* which calls on churches, "*To strive to safeguard the integrity of creation and sustain and renew the life of the earth.*"

As we look back through history and read current news stories, we can see that human beings have always had the capacity to both appreciate and destroy our environment. Land degradation, extinction of species, air and water pollution, dumping of chemicals and toxins and much more has led to the widespread abuse and destruction of the earth's resources. We must be aware of the impact of our own lifestyles, whether we intentionally or unintentionally have contributed to this destruction. Global warming, opencast mining, the destruction of the rain forest, acid rain, the list is almost endless in the creativity we have exhibited to damage our beautiful planet.

It has been said that "This mark of mission is the one which has been most neglected throughout the history of the Church. Our thoughts about God's mission have been dominated by a people-centered view of salvation. When we heard, "God so loved the world, that he sent his Son...that the world might be saved through him," we imagined only the world of human beings — God at work saving us humans". And yet the Greek word for "world" is "Cosmos." God so loved you and me and all our humanity— but also the mountains and streams, the penguins, the honey bees and the whales. "God so loved the Cosmos (earth) that he sent his Son...that the Cosmos (earth) might be saved". (John 3:16) So my New Year's Resolution is to be a bit more mindful about the Cosmos, to change some of my rather ingrained and lazy habits- to avoid using cling film, to swop throwaway disposable cleaning wipes for a normal reuseable washing cloth, to remember to carry spare water bottles and coffee mugs are some of the smaller changes. But I also want to try and make a difference to the generations that come after us, to get involved in campaigns to reduce the amount of waste that goes to land-fill, including food waste, and join the Christian environmental charity, 'A Rocha'.

So let's get the ball rolling in Allestree & Quarndon- if you have any tried and tested recipes for leftovers, for squashy veg, or wilted salad, please email them or write to me and we can perhaps reproduce them in this newsletter. Perhaps we can try and share more- wouldn't it be amazing to have a community kitchen, a scrap food café even? Even just starting with family, neighbours and friends, let's try and share more and be less embarrassed about what we've over-bought.

Belper is leading the way locally with its commitment to reduce single-use plastic waste and other initiatives and the opening of 'Sue's Sustainables' shop dedicated to refillable cleaning products and other recyclable and eco-friendly items like waxed food wrappers and compostable toothbrushes.

If you're interested in what the Bible has to say about ecology and the environment, I can recommend The Green Bible (NRSV) published by Harper, printed on recycled paper using soy-based ink; it also contains essays from leading conservationists and theologians to help us understand that caring for God's creation is not only a calling, but a lifestyle.

Always happy to chat further,

Yours in faith,

Vicar Becky

\*<https://www.archbishopofyork.org/priorities/mission-and-evangelism/five-marks-mission>

<https://therealjunkfoodproject.org/>

Green Bible ISBN-10: 0061951129

## FAMILY OCCASIONS

In their bereavement our prayers are with the family and friends of Barbara Coppen and John Leather.

In Marriage we prayed for God's blessing on James Shaw and Lisa Clark.

## ST PAUL'S CHURCH SERVICES AND EVENTS FOR FEB/MARCH

Date	Time	Service/Event
February	3	10.00 am Holy Communion
	10	10.00 am All Age Worship
	17	10.00 am Holy Communion & <b>SHINE</b>
	24	10.00 am Morning Praise
		7.00 pm Prayer & Praise at St Nick's
March	3	10.00 am Holy Communion
	6	12.30 pm Holy Communion at St Nick's - Ash Wednesday
	10	10.00 am All Age Worship
	14	7.30 pm PCC
	16	12.30 pm Lent Lunch at St Nick's
	17	10.00 am Holy Communion & <b>SHINE</b>
	23	12.30 pm Lent Lunch at St Paul's
	24	10.00 am Morning Praise
		7.30 pm Prayer & Praise at St Nick's
	30	12.30 pm Lent Lunch at Broadway Baptist
	31	10.00 am All Age Worship for Mothering Sunday

Morning Prayer is said in church every Wednesday and Thursday at 9.05am

**SHINE** (Sunday School) meets on the 3<sup>rd</sup> Sunday of each month in the lower church hall.

The next meeting of the **PCC** will be on Thursday 14<sup>th</sup> March at 7.30pm in church.

**Mothering Sunday** is on March 31<sup>st</sup> this year and there will be flowers for every lady in church.

## CHURCH NEWS

### Lent Lunches 2019

St Paul's, along with other members of Allestree Churches Together, supports the needy in Nagpur, India by means of the Social Services Institute in Nagpur. During Lent our churches host a light lunch on Saturdays, where all are welcome to share in food and fellowship to raise funds for the Nagpur Institute. For further details please contact Jill Reed on 01332 843909.

Each lunch starts at 12.30pm, dates as follows:

March 16 <sup>th</sup>	St Nicholas, Allestree
March 23 <sup>rd</sup>	St Paul's, Quarndon
March 30 <sup>th</sup>	Broadway Baptist
April 6 <sup>th</sup>	Holy Family, Blenheim Parade
April 13 <sup>th</sup>	St Edmund's, Allestree



**Choice of soups, ham or cheese roll, fruit and tea/ coffee**  
**£4.00 adults, payable on the door**  
**Cake and plant stalls**  
**All welcome**

## Renewal of St Paul's electoral roll

During late February and early March St Paul's church has to renew its church electoral roll. This renewal has to happen every six years and it is hoped that all who worship with us on a reasonably regular basis, plus members who are now physically frail or house bound, will want to express their sense of belonging by signing one of the application forms which are available at the back of church. Completing an electoral roll form is meant to be an expression of active interest in and real support for the church's mission and ministry. Even if your name was on the old roll, you need to apply again in order to be included.

As stated, Electoral Roll application forms are available at the back of St Paul's Church, together with some consent forms for those who would be happy for their contact details to be included in the church directory. Completed forms should be returned to the church.

Please contact us if you require further information.

**Lent** begins on Ash Wednesday (6<sup>th</sup> March this year) and is the period of 40 days leading up to Easter. Lent is a season of reflection and preparation before the celebrations of Easter and was traditionally observed with fasting and contemplation, recalling Jesus Christ's withdrawal into the desert for 40 days. Many Christians today prefer to use the period of Lent to further their study of the faith or to do something extra which will benefit other people. We have the opportunity to do both at St Paul's:

- Rev Becky will be organising a Lent Study group (please pick up a news bulletin from church nearer the time for details)
- We are hosting a Lent Lunch on March 23<sup>rd</sup> to raise funds for Nagpur
- We will be collecting food and toiletries for the Derby food banks (*these may be left in the box at the back of church at any time in March*).



Our next **Mini-outing** will be to Fairways Garden Centre Café, Ashbourne on Tuesday 26<sup>th</sup> February at 2.15pm. Then in March we shall meet at the Children's Society coffee morning at St Nicholas Church, Allestree, - details will be in the church bulletin nearer the time.

All are welcome and lifts can usually be arranged if needed. Please telephone Mary on 01335 360422 by the day before the outing to arrange a lift.

## Shoebox Update

Many thanks to everyone who filled a shoebox or gave a donation towards these gifts for needy children. We filled thirteen boxes (and two online boxes) and these, together with those from the Curzon School, went to Belarus.

## And what about our carol singing?

We all thought it was a great evening and our thanks go to everyone involved, to all of you who came along to sing and to those who opened your doors and shared your mince pies and your hospitality. You also gave us donations which, together with the raffle to end the evening, raised £200 towards our church renovation appeal (see the church website for details).

It may be some time before we can organise a similar event, but in the meantime you might like to try our All Age service – our best attended Sunday service. These happen on the 2<sup>nd</sup> Sunday of the month at 10am and feature a music group, puppets and lots of fun! We can promise you a warm welcome, a happy service and a cup of tea or coffee to send you home. The next one is on February 10<sup>th</sup> and then a bonus! We have not one but **two** All Age services in March because Mothering Sunday falls on March 31<sup>st</sup>. Why not give it a try?

## COMMUNITY NEWS

**Quarndon Cricket Club** would like to invite you to our CAR BOOTS that are organised for every Sunday in April at the Cricket Ground.  
Contact Kate Dumelow on 01332862666 or 07745481730

## MONTHLY ORGANISATIONS

**Quarndon Friendship Group** meets on the second and fourth Thursdays of the month at 2pm in Quarndon church hall.

Thursday 14th February we have a Social Afternoon which may include a romantic theme as it's a special day.

Thursday 28th February our guest speaker Steve Boxall will give us an insight into the life of an Estate Agent.

Thursday 14th March will be a Social Afternoon but, as you know, it's never a dull afternoon!

Thursday 28th March our guest speaker is Paul Cullen who will give a talk about the origins and meanings of Derbyshire Surnames.

**Ecclesbourne Barn Dance Club** meets fortnightly on Tuesdays at 7.30pm in Quarndon church hall. A fun and friendly way of keeping fit. New members, including beginners, assured of a warm welcome. Enquiries to Rene Dobson 558908 or Stephen Yates 606640.

### Church Hall bookings

The church hall is available for private or group hire and this can now be done through our church website. Just visit [www.stpaulsquarndon.org.uk](http://www.stpaulsquarndon.org.uk) and click on 'Hall Hire' to complete an online booking form. Alternatively you can telephone or email Pat Glover (see below).

### ST PAUL'S, QUARNDON, DIRECTORY

<i>Priest-in-Charge:</i>	Revd Becky Mathew <i>Email:</i> vicarallestreequarndon@hotmail.com	550224
<i>Churchwarden:</i>	Mike Annable	07811 287953
<i>Verger</i>	Dawn Price	556422
<i>Church Hall Bookings:</i>	Pat Glover, 129 Church Road, Quarndon <i>Email:</i> quarndonchall@aol.co.uk (or see our website to book online)	07780 830371
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<i>Acting Parish Safeguarding Link: Vacancy (please contact the vicar for safeguarding issues)</i>		

**Church website: [www.stpaulsquarndon.org.uk](http://www.stpaulsquarndon.org.uk)**

Facebook: [www.facebook.com/stpaulsquarndon](https://www.facebook.com/stpaulsquarndon)

(Please 'like' our Facebook page!)

The deadline for copy for the newsletter is the 16<sup>th</sup> of the previous month, so copy for the April/May edition must be with the editor no later than **16<sup>th</sup> March**, please.