



St Paul's, Quarndon, Parish Newsletter

April/May 2020

From the Vicarage

April 2020

'God is our refuge and strength, an ever-present help in trouble...'

Psalm 46:1

I find myself at present avidly watching my social media news feed and using iPlayer more and more to catch up with the news on Covid-19. People are bulk buying, the over 70's have been warned about self-isolation for a number of months and GPs have started triaging patients by phone. We've got pictures of major European cities in lockdown, countries closing their borders and airlines that are grounding their flights.

The Revd Dr Gillian Straine, the CEO of the Guild of Health and St Raphael writes: *"We've got a world in crisis and there is much anxiety and fear about what lies ahead. Our identity as human beings is shaped by our past, our family, our faith, our geography to mention just a few. But we are also shaped by how we imagine our future. So when trauma threatens such as a serious illness is diagnosed or we undergo the ending of a relationship and our future looks unstable, then we feel more vulnerable because our very identity becomes a little more uncertain"*.

We do not know how the Covid-19 virus is going to change everyday life and we don't know how long the threat is going to last. It is therefore understandable to feel anxious and uncertain, we are living in extra-ordinary times.

Firstly, remember that we may not be able to plan very far ahead, even into next week. So begin to 'unplan' to live in the moment, as Jesus said, 'Do not worry about tomorrow' (Matthew 6:34).

Secondly, counter fear with hope- if you feel anxiety beginning to overcome you, counter it with something you are grateful for, or remind yourself of a favourite word of scripture, 'For we walk by faith, not by sight' (2 Cor 5:7) and 'Let not your hearts be troubled. Trust in God' (John 14:1).

Thirdly, think of something you may be able to help others doing, who are in more need than you are. Perhaps ring an elderly neighbour or see what your local church is doing. Christians have always sought to imitate Christ in his work to reach out to the most vulnerable and many churches already have pastoral care workers, safeguarding protocols and the ability to identify where help is most needed. Other local charities may also need to recruit additional volunteers; Age UK and Derby Live at Home are two good examples.

Let's remember that we are in this together. Let's look after ourselves and our communities, gain courage from each other, and walk together in hope and faith.

In light of the recent decision by the Archbishops to suspend all Sunday and midweek services, can we ask you to please keep an eye on our church noticeboards, social media and church website for news of when the churches will be open for personal prayer. We are hoping to keep in touch by using social media, the phone and 'Whatsapp' groups.

If you are self-isolating, please let us know so we can keep in touch with you. You may like to take away a special order of service for use on a Sunday morning – paper copies are in church or you can find a copy on the church's website for downloading.

Yours in faith,
Vicar Becky
01332 550224

FAMILY OCCASIONS

In their bereavement our prayers are with the family and friends of Barbara Raybould and Bette Cope.

ST PAUL'S CHURCH SERVICES AND EVENTS FOR APRIL/MAY

Date	Time	Service/Event
April 4	11.30 am	Wedding: Hannah McIntyre & Andy Cooke

ALL SERVICES ARE SUSPENDED EXCEPT WEDDINGS AND FUNERALS

The next meeting of the **PCC** is scheduled for Thursday 21st May, 7.30pm in church – Coronavirus permitting.

CHURCH NEWS

Due to the Coronavirus outbreak we have decided to suspend our **Mini Outings** until further notice. Please do keep in touch with each other via phone calls or emails and let someone know if you need help or even just a chat. Keep safe everyone!

Lent Lunches 2020

Sadly, these lunches were also a victim of the Coronavirus but we hope that we will be able to do something else to raise funds for Nagpur later in the year.

ST PAUL'S NEWSLETTER

I hope you find this publication useful for keeping in touch with church and village life. Having produced it and its predecessor, the church magazine, for many years, I intend to stand down at the end of this year. The time has now come for me to hand over the baton to someone new. So the question is: could that 'someone' be you or someone you know? If you might be interested in editing the newsletter in future, or if you would like to know more about what is involved, please do contact me (details on back page). I really hope it can keep going for many more years.

Mary Connell

A prayer for us all:

Loving God,
Bless us all, particularly now.
Particularly when we are comforting others
Particularly when we are offering hope
Particularly when people are isolated
Particularly when we feel overwhelmed ourselves
Particularly when we are afraid.
Help us to remember that you are right here, now, in the midst of us
Calling us by name.
Amen.

Friday morning club at Quarndon Cricket Club

QCC is a tremendous asset for our village and it requires some loving care to maintain the facilities. The committee has suggested we try a meet up morning for people who don't work on a Friday and would like to come along for some free Tea/Coffee and help out with some small general maintenance jobs. It would also be a chance to have a chat and socialise.

If you have a bit of time to spare and would like to join our group for an hour or 2 on a Friday we aim to start when we get the all clear from the Coronavirus outbreak. If you would like to join us please let us know – quarndoncricketclub@gmail.com or 07801856998.

Quarndon Friendship Group – Coronavirus update

The Government has just announced that people in the 70+ age range should avoid social contact for several weeks. Since our members all fall into that vulnerable age group I have decided to suspend our meetings until September to try to keep everyone safe.

I ask that everyone keeps in touch by telephone with each other to avoid feeling lonely and certainly ask for help if it is needed. Keep safe, best wishes to all. Tess Kinder.

Ecclesbourne Barn Dance Club has also suspended its meetings until further notice. Enquiries to Rene Dobson 558908 or Stephen Yates 606640.

I have been asked to include the following but please check with the organisers whether it is still happening - Ed

24th Tiny Tim Trust Annual Golf Day Chevin Golf Club, Duffield Friday 4th September 2020

We need your support to help children with special needs across Derbyshire. You could support the charity golf day in several ways:

- Sponsorship
- Donation
- Prizes for the auction or raffle
- Entering a team of four golfers (men, ladies or mixed)

For further information please contact:

Peter Burgess - 07908 948111 – Burgesspeterb@gmail.com

Charity reg no: 1038669 - www.tinytimtrust.org.uk

Church Hall bookings

The church hall is available for private or group hire and this can now be done through our church website. Just visit www.stpaulsquarndon.org.uk and click on 'Hall Hire' to complete an online booking form. Alternatively you can telephone or email Pat Glover (see below).

ST PAUL'S, QUARNDON, DIRECTORY

Priest-in-Charge: Revd Becky Mathew 550224
Email: vicarallestreequarndon@hotmail.com
Curate Revd Dawn Knight *Email:* revdawn68@gmail.com
Churchwarden: Mike Annable
Email: mike@stpaulsquarndon.org.uk
Verger Dawn Price 556422
Church Hall Bookings: Pat Glover, 129 Church Road, Quarndon 07780 830371
Email: quarndonchall@aol.co.uk
(or see our website to book online)
Newsletter Editor: Mary Connell 20 Burland Green Lane, Weston Underwood, DE6 4PF (01335) 360422
Email: mary@dasilex.com
Church Administrator: (temporary) Jo Peace 550431
Email: admin@stpaulsquarndon.org.uk
Parish Safeguarding Link: Alison MacGregor 07752 581043

Church website: www.stpaulsquarndon.org.uk

Facebook: www.facebook.com/stpaulsquarndon

(Please 'like' our Facebook page!)

The deadline for copy for the newsletter is the 16th of the previous month, so copy for the June/July edition must be with the editor no later than **16th May**, please.

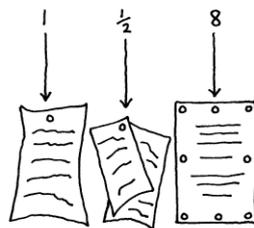
There won't be any services happening at St Paul's for a while but we are still around. Please do keep an eye on our notice board/website/Facebook page. And just to raise a smile.....

CHURCH NOTICE BOARDS

THE SEVEN DEADLY SINS



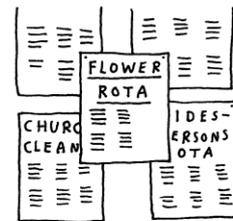
WRATH (DIRECTED AT INVALID ADDITIONS)



GREED (USING TOO MANY OF THE PARISH PINS)



SLOTH (NOT REMOVING OLD NOTICES)



PRIDE (COVERING UP OTHERS' WORK)



LUST (COVETING THY NEIGHBOUR'S FONT, LAYOUT, ETC)



ENVY (RIVAL CHURCHES POACHING OUR CONGREGATION)



GLUTTONY (OVERINDULGENCE, ETC)